

# Mitzvah Day

## More Mitzvahs, Together.

## What is Mitzvah Day?

**On Mitzvah Day we can all make a positive difference to the world in which we live by giving our most valuable possession – our time.**

**Mitzvah Day is a Jewish led day of social action that brings thousands of people together of all faiths and none, and all ages, to give their time, NOT their money, to make a difference to the local community around them, on Mitzvah Day, (this year November 19th) and throughout the year.**

Partners running a Mitzvah Day include office groups, young professionals, schools, mother and baby groups, university students, youth movements, synagogues and Interfaith groups.

Some of the projects undertaken on Mitzvah Day are: bringing sunshine to seniors, putting on your wellies and engaging in environmental

projects, Mitzvah Day shopping to replenish food bank stores, cooking for the homeless, Mitzvah Day Collectathons, Makeovers of rooms and spaces for charities and much, much more building genuine connections between local communities and charities.

Mitzvah Day is the largest multi-faith day of social action in the UK. In 2016, 83 Interfaith Mitzvah Days took place, and Mitzvah Day is proud to partner with Interfaith Week, and all faith groups to carry out hands-on social action, side-by-side.

### 2016 Key Facts and Figures

**40,000 volunteers**  
**24 countries**  
**83 interfaith projects**  
**27 MPs**  
**412 Mitzvah Days in the UK**  
**694 Mitzvah Days across the world**  
**8 different faiths participating**  
**1 amazing day of social action**

If you have any more questions or would just like to find out some more about Mitzvah Day please contact our team in the office who will do all they can to help point you in the right direction.

**Please contact us at:**  
**[info@mitzvahday.org.uk](mailto:info@mitzvahday.org.uk)**  
**0203 747 9960**

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