

Mitzvah Day

20th November 2022

What is Mitzvah Day?

On Mitzvah Day we can all make a positive difference to the world in which we live by giving our most valuable possession — our time.

Mitzvah Day is the UK's largest faith-led day of social action. On Mitzvah Day over 40,000 people in 35 countries around the world, come together to make a difference. We introduce people to social action, to their neighbours and to local charities, setting up projects, which address real needs. Guided by Jewish values, we intentionally fall on the last day of Interfaith week, bringing together people of all faiths and backgrounds, to volunteer side-by-side building longstanding, genuine relationships. Mitzvah Day welcomes people and communities of all faiths and backgrounds and has longstanding relationships with representatives from the following communities, Christian, Catholic, Hindu, Humanist, Jain, Muslim, Sikh, Zoroastrian as well as people of no-faith.

A Mitzvah, literally, is a commandment in Jewish law. However, it is often used to mean a good deed or an act of kindness, which is an integral part of Jewish life and is the basis for Mitzvah Day.

Everyone that registers is provided with support, downloadable resources and a pack of Mitzvah Day branded items so you can join the thousands of people of all ages and backgrounds making a difference around the world!

Why get involved?

Mitzvah Day allows everyone of all ages, backgrounds and faiths to get involved in hands-on social action projects that don't involve money (Tzedaka) and is guided by the Jewish values of Tikkun Olam (Repairing the World), Gemilut Chasadim (Acts of Kindness) and Tzedek (Justice).

How to get involved!

If you'd like to hear more or speak to a member of the Mitzvah Day team we'd love to hear from you. You can contact us at info@mitzvahday.org.uk or call **02037479960**. There is no charge to take part in Mitzvah Day, you can [register here](#) to take part and see [project ideas](#), [photos](#) and [videos](#) from previous years on our website [here](#).

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Join us for MD on November 20th 2022!