

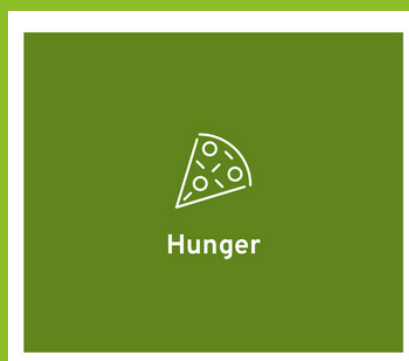
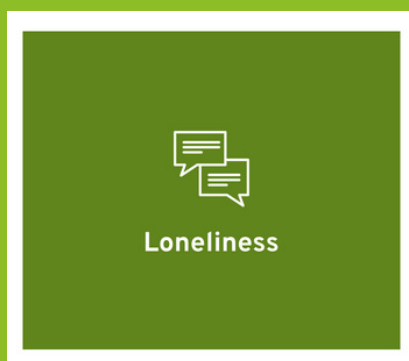
AVAILABLE PROJECTS FOR MITZVAH DAY 2023

A GUIDE TO BENEFICIARY PARTNERS AND PROJECTS
FOR
MITZVAH DAY 2023

**Mitzvah
Day**

Our theme this year, of Repairing the World and caring for the people around us is integral to Judaism, to other faiths or belief values and, indeed, to Mitzvah Day itself. Our theme aims to remind us that we can all play a part, however big or small, in helping to heal our increasingly damaged world and to reconsider the ways in which we use and misuse it. This year we aim to give our time collectively, to address the human inflicted damage both on vulnerable people and on our precious fragile environment.

THIS YEAR'S PROJECTS FOCUS ON



This document acts as a guide to show which beneficiary partners fall under which category.

Please click on the [here](#) to get a full list of partners and their contact details

**Mitzvah
Day**

AVAILABLE PROJECTS

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| <p>2econd Chance</p> | <p>G</p> | <p>Be in touch to donate working desktops, laptops, and tablets up to 8 years old. By donating your unwanted machines, not only will you be stopping them from going to landfill but you will be providing meaningful training and employment opportunities for people with learning difficulties and SEMH (social, emotional, and mental health) needs</p> |
| <p>All Aboard Charity Shops</p> | <p>G</p> | <p>Charity Collection Drives for preloved items of clothing & bric-a-brac to sell in our 21 shops and eBay site to help raise funds for over 70 charities in the UK.</p> |
| <p>Association of Jewish Refugees</p> | <p>E</p> | <p>The AJR Volunteer team launched this year's Mitzvah Day project, "Plan Bee", in the gardens of the Signature Care Home, at Hendon Hall. the campaign aims encourage the community to visit a friend, relative or someone in need of a friendly face and together, plant bee friendly shrubs, plants or bulbs.</p> |
| <p>Borough Food Cooperative</p> | <p>F</p> | <p>To support our Food Hub supporting over 220 families per week in fighting food insecurity and food waste, together. We operate a food-pantry model shop 3 times a week to provide local residents with grocery items, offering choice and dignity to our local community. Our future plans include expanding our service to offering a Pay As You Wish cafe and cooking classes to our members.</p> |
| <p>C4WS</p> | <p>G</p> | <p>The winter shelter will run from the start of November to the end of March. Each shift relies on volunteers to help with set-up, food preparation, making and stripping beds, and providing hospitality to our guests.</p> |

KEY

Food – F, Loneliness – L, Earth – E, General - G

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| <p>Camp Simcha</p> | <p>G</p> | <p>Annual toy drive. Every year over 80 Jewish day schools in London and Manchester, cheders, nurseries, synagogues, corporates, and individuals all get involved, creating Toy Drive collection points where people can drop off new toys, ready to be delivered to children in hospital (regardless of religion) over the festive season in December.</p> <p>Option 1 To have a physical collection box in either the office reception or on each office floor to collect brand new toys. We will collect these toys and distribute.</p> <p>Option 2 Instead of having physical boxes, we can have an Amazon wish list where selected items will be available to purchase. These toys will be delivered to Camp Simcha, and we can then deliver the gifts to hospitals.</p> <p>All toys need to be brand new due to limiting the risk of infection and we will need to have all toys wrapped and delivered at the beginning of December.</p> |
| <p>Children's Book Project</p> | <p>G</p> | <p>We invite individuals, synagogues, schools and community groups to run book drives for us, collecting preloved and outgrown books from baby to teen. We then regift these to children across London who have few, if any books of their own. We have donation points across London (searchable via our online map) and we especially welcome donations directly to our Book HQ sorting centre in North Kensington. This year we will gift around 350,000 books and the donations from Mitzvah day last year made a great contribution to that total</p> |
| <p>Child's Hill Food Bank</p> | <p>F</p> | <p>Volunteer your time or donate wishlist items to their foodbank</p> |
| <p>C4WS</p> | <p>G</p> | <p>The winter shelter will run from the start of November to the end of March. Each shift relies on volunteers to help with set-up, food preparation, making and stripping beds, and providing hospitality to our guests.</p> |

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| Euston Food Bank | F | Volunteer your time or donate wishlist items to their foodbank |
| Feast With Us | F | <p>FEAST aims to work with the local community to help the vulnerable people within it, and we try to keep most of our activities volunteer-led.</p> <p>Our meal services wouldn't be possible without the help of our fantastic team of volunteers, who support our journey by contributing whatever time and skills they have.</p> |
| Finger Tips of Africa | G | Become a volunteer, adopt a community or contribute to their ever-growing wish-list. Based in Johannesburg, South Africa |
| Food bank Aid | F | <p>Food Bank Aid distributes food, toiletries and household goods to 30 Food Banks across North London and Herts from Watford to Tottenham and everywhere in-between.</p> <ol style="list-style-type: none"> 1. Shop from our shopping list on our website and drop the items into our Hub 2. Send an online delivery direct to our Hub anytime 3. Organise a street / community collection and drop the items at our Hub 4. Shop our virtual shopping list https://foodbankaid.org.uk/virtual-shop |
| GIFT | G | We know that being kind or helping others isn't something that just happens automatically. It is a mindset that needs to be taught, nurtured, and encouraged, so that present and future generations are imbued with this core tenet of Judaism. Get in touch to volunteer with GIFT . |

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| Gift Wellness Foundation | G | If you know of a local charity, foodbank, or homeless shelter that may need our pads for local women in crisis, please get let the Gift Wellness Foundation Period Poverty team know (giving your details and the location of the organisation) at info@periodpoverty.uk ; Gift Wellness, we all get really excited when we see that an order has come in that includes the purchase of <u>pads to donate to women in crisis</u> . It's a win-win for everyone involved, the women who buy Gift pads and benefit from them in so many ways; and the women who are relieved to receive pads when they're in a desperate situation. | | | | | | | | | | | | |
| Give Help Share | F | Donate goods or Volunteer to fuel children's Futures with Give Help Share | | | | | | | | | | | | |
| Goods For Good | | Volunteer or donate goods | | | | | | | | | | | | |
| Gratitude | G | Goods For Goods mission is to alleviate poverty and reduce waste. | | | | | | | | | | | | |
| JCORE | L | Volunteer and partke in the JCORE JUMP program which runs a befriending project for unaccompanied asylum-seeking and refugee young people. | | | | | | | | | | | | |
| JAMI | L | Get involved with JAMI and your part in transforming the mental health of our community. | | | | | | | | | | | | |
| JAMH | L | Litter Pick together with Prestwich Clean Team, Manchester | | | | | | | | | | | | |
| Jewish Care | L | Jewish Care has a variety of projects at a number of their homes. Get in touch with them to find out how to get involved. | | | | | | | | | | | | |
| Jewish Women's Aid | L | <p>Contribute the following items for JWA to donate to women and their children whom they support: Items wanted - new and unopened toiletries:</p> <table border="0" data-bbox="579 1816 1299 2074"> <tr> <td>Shampoo and conditioner</td> <td>Body lotion</td> </tr> <tr> <td>Shower gel</td> <td>Sanitary products</td> </tr> <tr> <td>Soap</td> <td>Tissues</td> </tr> <tr> <td>Deodorant</td> <td>Toothpaste</td> </tr> <tr> <td>Face wash</td> <td>Toothbrushes</td> </tr> <tr> <td>Cotton pads</td> <td></td> </tr> </table> | Shampoo and conditioner | Body lotion | Shower gel | Sanitary products | Soap | Tissues | Deodorant | Toothpaste | Face wash | Toothbrushes | Cotton pads | |
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| Cotton pads | | | | | | | | | | | | | | |

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| jLiving | L | The sort of things we are thinking of include one of the following singing, performing, magic, dancing, storytelling, games afternoon etc. This would need to be monday to friday 10.30-4. Please do get in touch if you have any ideas |
| Keats Community Library | G | To clean help clean the library shelves and have a general tidy up of the space. |
| Little Village | G | Little Village is a baby bank charity supporting families with children under 5 across London. We collect pre-loved items and pass them on to families that need them. Every child deserves a safe place to sleep, but 25% of the thousands of families referred to us each year don't have access to one. We would love for support through Mitzvah Day by inviting volunteers to collect moses baskets and bedding to help babies sleep safely and soundly for those precious first few months of their lives. Please note that for safety reasons we can only accept brand new mattresses. |
| LJS Drop-in for Asylum Seeker Families | L | Volunteer your time to support asylum seekers |
| | L | Marie Curie Hospice in Hampstead, North London, has a number of Volunteering Activities, Support Groups Outpatient Services to support everyone at end of life. As part of our 5-year strategy, we are looking to expand these services and opportunities: something that starts with our initial outreach and community engagement. For Mitzvah Day, we are looking to promote our services within the local community, advertising our important work and improving our brand's recognition in the local area through support putting up posters; handing out flyers & engaging with local companies. |
| Marie Curie | G | Volunteer your time for end of life care or leave a legacy in your will. |

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| <p>Norwood</p> | <p>L</p> | <p>Norwood has a variety of projects at a number of their homes. Get in touch with them to find out how to get involved.</p> |
| <p>PJ Library</p> | <p>G</p> | <p>This year, PJ Library has created two-part activities that will help children show the impact their kindness can have on someone in need.</p> <p>To complement Mitzvah Day's theme for 2023, <u>Repair the World</u>, we are encouraging communities to host projects focusing on loneliness, hunger and the earth. Try these meaningful child-friendly activities with your community:</p> <ul style="list-style-type: none"> • Loneliness: Israeli soldiers away from their families this Chanukah • Hunger: host a collection point for your local foodbank • The earth: make bird feeders |
| <p>René Cassin</p> | <p>F</p> | <p>1. Reflections on Repair</p> <p>1. We are asking our supporters and colleagues working across the Right to Food space to reflect on what it might take to repair a broken food system.</p> <p>2. We will compile these responses and produce a series of creative outputs which we will circulate.</p> <p>2. Article: The Right to Food as 'The Only Way to Fix a Broken Food System'</p> <p>1. We will produce an article in which we will contend that the Right to Food is the only feasible way to fix a broken food system – this piece will call on Article 25 of the Universal Declaration of Human Rights as the blueprint with which to model fair and equal access to food for all</p> <p>2. We will circulate this piece and ask for it to be shared on the Mitzvah Day blog and in The Jewish News, as well as on the websites and social media pages of our RTF colleagues including Sustain and JustFair.</p> |