

Mitzvah
Day

A photograph of two women standing in a warehouse or storage area. The woman on the left is smiling and holding a large package of baby wipes. The woman on the right is also smiling and holding a similar package. The background shows shelves filled with various items, including colorful plastic containers and boxes. The text 'Mitzvah Day' is in a green box in the top left. The text 'CHARITY PARTNERS 2024' is overlaid in large white letters at the bottom.

CHARITY
PARTNERS
2024

Welcome

Welcome to our Charity Partners booklet for 2024!

One of the key aims of Mitzvah Day is to connect communities with great charities that need specific support. On Mitzvah Day you may well choose to work with a charity that you know, respect, and with whom you have a long-term relationship and that is wonderful!

You may however, be looking for a new charity partner and we are proud to have built relationships with over forty fantastic charities over many years who have found the connections they have made through Mitzvah Day very helpful.

Do take a look and see if there is a project here that works for your community and if so – please reach out to them directly to arrange any collections or donations. However, if you want some assistance or an introduction to any of these charities, please do contact Laurie at laurie@mitzvahday.org.uk and she will gladly assist. Remember we don't fundraise for our Mitzvah Day charities – instead, we roll up our sleeves, we help out, give our time and we build long-term, partnerships and relationships.

Finally, if you are looking to volunteer with a community from another faith, do start by asking your new partners to suggest a charity project – they may have something that can bring you together or work together to pick a charity that aligns with both your missions and values.

We look so forward to being **#StrongerTogether** with you this Mitzvah Day.

Best,
Laura Marks CBE



STRONGER TOGETHER

After a year of unparalleled conflict abroad and division at home, Mitzvah Day 2024 will offer us a time to heal, connect with each other and focus on what matters in and between our communities – building a better society for all.

On Mitzvah Day, we will defy the forces which tear us apart as we come together to support our local charities and build bridges of commonality. This year we are, quite simply, Stronger Together.

Whether we are tackling food insecurity, bringing joy and delight to a care home, collecting clothes for those in need or cleaning up a local park – we will be working across faith and non-faith groups. No matter the activity... we will do it together!

By working side-by-side in this way, people from different faith traditions will build connections, celebrate our shared values, and ultimately create a more unified and supportive society – showing that we are all Stronger Together.

Charity Partners



2econd Chance

Isobel Aptaker

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www.2econdchance.co.uk

2econd Chance is a not-for-profit computer recycling company, providing work-based training for people furthest away from the job market. They support people with physical disabilities, learning difficulties or social, emotional and mental health needs. Refurbished computers are given a second chance and passed on to those in need. Please consider donating old laptops or PC's (not less than 8-years old).



All Aboard Charities

Evelyn Andresier

e.andresier@allaboardshops.com
www.allaboardshops.com

Through the sale of donated goods in their shops, or their grants, All Aboard have supported a wide range of causes from research projects, learning programmes, hospital equipment, to outings and respite for terminally ill children and residential care for the elderly. by running a Charity Collection Drive for preloved items of clothing & bric-a-brac to sell in our 21 shops and eBay site to help raise funds for over 70 charities in the UK. Please do head to their website to find the list of items they are looking for.



AJEX

headoffice@ajex.org.uk

The AJEX Annual Parade & Ceremony at the Cenotaph, established as an annual event from the 1930s, continues to be a major cross-communal highlight in the Jewish calendar. While AJEX members join UK veterans at the National Remembrance Parade on Whitehall's Remembrance Sunday, a separate Jewish ceremony of Remembrance takes place the following Sunday in November. The event, which remains crucial despite challenges like the Covid pandemic, includes an address by the Chief Rabbi, wreath laying, prayers, and military music. This tradition not only honors Jewish sacrifices in the service of the crown but also underscores the community's significant role in British life. Remembrance is a Mitzvah - Take part in the Ajex Parade on 17 November 2024!



Borough Food Cooperative (BFC)

food@sgtm.org.uk

The Borough Food Cooperative is dedicated to providing high-quality, healthy food options in a cost-effective and inclusive way, fighting food costs and waste for the greater good. Members can choose up to 16 grocery items for just £4.50 per visit, thanks to generous donations from The Felix Project, FareShare, City Harvest, Borough Market vendors, and local businesses. Our volunteers are the backbone of our operations, making it possible for us to serve the community. Whether it's running the shop, setting up behind the scenes, or delivering groceries to isolated customers, there are various roles available for those eager to get involved and make a difference. Would you like to join our team and lend a hand? Your support helps us continue this vital work.

Charity Partners



Nikki Barnett
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C4WS Homeless Project

C4WS Homeless Project exists to support those without a home rebuild their lives. Our main project is a winter night shelter which is open for the 5 coldest months of the year. This operates in venues across Camden every night, and relies on a network of volunteers to function. We have 16 bed spaces available every night for single adults over the age of 18 with low support needs. We also run a hosting scheme, where we place guests with volunteer hosts who act as bridging accommodation between the shelter and more stable, long-term solutions. In addition, we run a year round drop in service from a location in Chalk Farm, catering to the local homeless population, providing a hot meal, showers and donations every Friday morning. Those who would like to support C4WS via Mitzvah Day, are welcome to get in touch regarding volunteering opportunities across their various projects. They also ask for practical items to be donated, primarily men's clothing in good condition, new men's underwear in a variety of sizes, sleeping bags and toiletries.



Lois Goodman
lois@campsimcha.org.uk
www.campsimcha.org.uk

Camp Simcha

This Mitzvah Day why not help Camp Simcha by hosting a collection for the charity's annual Toy Drive, which brings gifts and smiles for children spending the festive season in hospital. Every year Camp Simcha turns to the community to help collect over 10,000 NEW toys, which are then distributed to children of all denominations and none, in more than 120 hospital wards and hospices in London, Hertfordshire, Essex and Manchester. If you would like to organise a Mitzvah Day Toy Drive collection for your school, shul, cheder, community group, sports club or even your street, then please contact Lois to find out more.



Richard Harries
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Caritas Westminster

Caritas Westminster: A Heart for Service. As Pope Benedict XVI affirmed, charity is an intrinsic part of the Church's identity, not an optional extra. Caritas Westminster embodies this spirit, serving as the social action arm of the Roman Catholic Diocese of Westminster. Covering London's northern boroughs and parts of Hertfordshire and Surrey, the diocese is home to the largest Catholic population in England and Wales. Established in 2012, Caritas Westminster builds on a rich history of supporting those in need, with roots tracing back to the 1920s. Our mission is clear: to love and serve our neighbours.

Through coordinated social action, we uphold dignity, engage communities, and provide practical support. We are committed to improving the wellbeing of all, inspired by the belief that every individual deserves compassion and care. This Mitzvah Day you can help Caritas by volunteering at a local based project. For more information on volunteering opportunities please visit <https://caritaswestminster.org.uk/volunteer/>

Charity Partners



Kirstin Knell
kirstin@childrensbookproject.co.uk

Children's Book Project

The Children's Book Project takes donations of preloved books and gifts them to children who have few, if any of their own. We believe in the empowering impact of book ownership and gift through primary schools in the most deprived areas, food banks, women's refuges and to children with a parent in prison. We will give 350,000 books away this year and would appreciate donations of books. We are asking groups to run book drives for us this Mitzvah Day. Registering to run a book drive is simple. All of the information, posters and resources you'll need are available on our website <https://childrensbookproject.co.uk/schools-community-groups/> and it is a great way for children to get involved personally in social action, asking friends, neighbours and classmates for their donated books. If you want to do more, you could sort the books before sending them onto us. Again all of the information is on the website.



Robin Sims Williams
childshillfoodbank@gmail.com

Child's Hill Foodbank

Child's Hill Food Bank has been set up by a group of local people in partnership with All Saints' Church and others to address the growing need for support in helping families feed themselves. Our objective is to provide food to those struggling in the NW2 and NW11 postcodes. Donations can be dropped off at All Saints Church on Mondays from 10 am to 12 noon, Wednesdays from 3 pm to 5 pm and 7:30 pm to 8:30 pm, and Sundays from 8 am to 12 noon. To arrange donations at other times, please call 0207 435 3182. If you would like to organize a regular collection at a street, place of worship, business, or community building, we can coordinate pick-up or delivery times. We are currently in need of toiletries, rice, pasta, dried lentils, tinned meats, tinned tuna, cereal and breakfast food, and UHT milk.



Lorna Beaumont
lorna@thecls.org.uk

The Clock Tower Sanctuary

The Clock Tower Sanctuary is a day centre for 16-25-year-olds experiencing homelessness. They provide both emotional and practical support to young people without a permanent roof over their heads, offering everything from hot meals, showers, and laundry facilities to signposting for mental health, housing, training, and employment. Every donation helps young people stay safe, warm, and supported as they navigate a challenging time in their lives.

"The Clock Tower Sanctuary meets your basic needs and that allows you to get organised and to try and get a job. Otherwise, you are in a fight or flight survival mode and you can very easily spiral down, becoming depressed and lonely. It's exhausting." – Ivan, aged 23.

Items Needed:

Washing capsules/tablets, Hats – baseball caps/bucket hats, Men's and women's socks, Men's and women's t-shirts – plain, Men's and women's underwear – boxer briefs for men (all sizes), Aerosol deodorant – men's and women's, Hoodies, Sleeping bags, Tinned fruit and/or vegetables (tomatoes), Long life milk, Chickpeas, Pasta, Tinned lentils, Instant coffee (small jars), Loo roll, Shampoo/Conditioner, Shower gel, Orange and/or apple juice – large cartons, Biscuits/cereal bars, Waterproof jackets, Nail clippers, Brushes and combs, Men's and women's shorts

Charity Partners



Comfort Cases

Sarah Jacoby
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Comfort Cases UK is a charity dedicated to providing children and young people in the care system with essential and comforting items, ensuring they have something of their own during a tumultuous time in their lives. With 36,000 new children entering the care system annually—equating to one child every 15 minutes—these young people often face multiple moves under emergency circumstances, often with nothing but the clothes on their backs. Comfort Cases UK aims to restore dignity and hope by offering “comfort cases,” which are bags filled with bespoke belongings. These cases include items like books, pajamas, toiletries, soft toys, blankets, and SIM cards for older children, providing a sense of security and ownership. By contributing these items, you can help make a significant difference in the lives of children who are experiencing one of the most challenging times in their lives.

The charity is continuously seeking donations to support their mission, including: pre-loved young adult fiction (suitable for ages 14-18); and NEW items such as: Toothbrushes and toothpastes (for ages 3-18), Colouring books (for ages 7-10), HB pencils, Colouring pencil packs, Mindful colouring books (for boys and girls), Sanitary towels (please note these are not incontinence items), Shower gel (250ml).



Crisis Rescue Foundation

Sharon Raymond
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Since 2021, Crisis Rescue Foundation has been running Vaxi Taxi Health and Wellbeing Pop Ups across London, targeting diverse communities facing barriers to NHS and allied healthcare. This Mitzvah Day, we aim to deliver a special pop up event. Our team, composed of healthcare professionals and volunteers, provides health checks, personalized wellbeing information, and support, while connecting individuals with local and national services. We invite all volunteers to join us, including healthcare professionals and those interested in logistics or supporting various activities. For more information or to get involved, please contact me via WhatsApp at 07780813409 to join our planning and delivery group.



The Euston Food Bank

info@euston.foodbank.org.uk

The Euston Food Bank aim to redistribute food to those without or with insufficient food so they can cope with immediate crises. Located next to a mainline station in central London with excellent transport connections, we serve a diverse range of people, including those on low incomes, families, the young and elderly, individuals facing benefit delays, and others experiencing emergencies. Our volunteers greet everyone cheerfully, making sure that help is available to all in need. We always welcome donations and promise to use them to support people in crisis. Occasionally, we send food to other nearby food banks, particularly if they experience shortages, ensuring that your donations help people across the UK. This support means that children need not go hungry while their households resolve their issues, the elderly don't have to choose between eating and heating, and mothers don't have to sacrifice essential personal items to buy food for their children. Currently, we are in particular need of UHT milk of all types, long-life juice, tins of fish and meat, dried fruit and nuts, pasta sauces, and custard. For up-to-date information on our current needs, please have a look at the Euston Foodbank website (<https://euston.foodbank.org.uk/give-help/donate-food/>)

Charity Partners



Elanor Butterworth
volunteer@feastwithus.org.uk

Feast with us

FEAST - Feeding and Empowering All Sustainably Together - is dedicated to improving the nutrition, wellbeing, and health of individuals at risk of food insecurity. Our mission extends beyond providing just meals; we nourish those in need with nutritious cooked food, support wellbeing and reduce loneliness through community dining and volunteering, and empower people with skills and knowledge to help them climb the food ladder. We also promote sustainability by utilizing surplus food whenever possible and drive change through research and sharing our insights.

Collaborating with community partners, we deliver our services in homeless hostels, mental health centers, community centers, and faith centers throughout North London. We are currently seeking volunteers to support us in the FEAST kitchens, both for cooking and serving meals, as well as for befriending our service users. Additionally, we need help with meal delivery for those who cannot attend our community meals; drivers and cyclists are needed to transport meals to local community spaces and homeless hostels. If you don't have a car, drivers can use the FEAST van. Food donations are always welcome, and we would be grateful for any long-life produce you can spare, such as canned goods, herbs and spices, oils, and dried produce like rice and pasta.



Zoe Kessler
zoekeessler@foodbankaid.org.uk

Foodbank Aid

Foodbank Aid distributes food, toiletries, and household goods to 32 food banks across North London and Hertfordshire, from Watford to Tottenham and everywhere in between. They support food banks in Barnet, Brent, Camden, Enfield, Haringey, Harrow, Hertfordshire, and Islington, which together assist approximately 20,000 people, including 5,000 children, every week. As a community-led charity that supports all denominations and demographics, Foodbank Aid relies on various forms of support. To help on Mitzvah Day, you can shop from our shopping list and drop the items off at our Hub, send an online delivery directly to our Hub at any time, organize a street or community collection and drop the items at our Hub, or shop from our virtual shopping list available at <https://foodbankaid.org.uk/virtual-shop/>.



Roxy Stross
roxanne@jgift.org

GIFT

Across London, Manchester, and Israel, GIFT inspire giving by teaching and nurturing a mindset of kindness and support, which is a core tenet of Judaism. We understand that helping others doesn't happen automatically but requires deliberate encouragement for present and future generations. Our services are designed to be anonymous and confidential; GIFT staff are sensitive to your situation, ensuring that food parcel deliveries and cooked meals are handled discreetly, with volunteers unaware of recipients' names.

If you have any concerns about confidentiality, please contact our family liaison officer for a private conversation. GIFT H.Q., based in our Hendon office, houses GIFT London's education and volunteer teams, as well as a small but highly productive operations team. Our London office can assist with referring a family in need of volunteer support, arranging food packages or updating details, checking the schedule for the next packathon, booking B'nei Mitzvah activities, making a donation, or addressing any other inquiries.

Charity Partners



Rachael Inglis
rachael.inglis@giftwellness.co.uk

The Gift Wellness Foundation

Founded in 2012 by Dr. Zareen Roohi Ahmed, Gift Wellness Ltd is a social enterprise dedicated to providing high-quality sanitary products that empower women while promoting kindness and compassion. Inspired by the tragic loss of her daughter Halimah in 2007, Dr. Zareen created Gift Wellness to embody these values. The brand has since grown to serve thousands of women across the UK and Europe. If you know of a local charity, food bank, or homeless shelter that could benefit from our pads, please inform the Gift Wellness Foundation Period Poverty team at info@periodpoverty.uk with details about the organization. We are thrilled to see orders that include donations of pads, which provide essential relief to women in crisis and benefit everyone involved.



Jacqueline Harris
info@givehelpshare.org.uk

Give. Help. Share.

Give. Help. Share. is a registered charity dedicated to addressing food insecurity and promoting healthy lifestyles among disadvantaged communities in Herts and North London. For over three years, we have provided nutritious food parcels and delivered engaging food education workshops to empower children and families. Our programmes focus on nutrition, cooking skills, and healthy eating habits, aiming to create lasting positive changes. By partnering with primary schools and local communities, we maximize our reach and impact, ensuring that those in need receive the support and education necessary for healthier, more fulfilling lives.

On Mitzvah Day you can support Give. Help. Share. by going to any supermarket and spending £5 to fill a bag with a range of the following: tins (vegetables or tuna/salmon); low sugar cereal/oats; bread/crackers; pasta/rice; non-refrigerated fruit/veg e.g. apples, onions; healthy child-friendly snacks; milk/plant-based alternatives. All items should be suitable for vegetarians. Please email us on the day (info@givehelpshare.org.uk) for a North London drop-off address.

Goods For Good

Naomi Bhundia
Naomi.Bhundia@goodsforgood.org.uk

Goods For Good

Goods For Good is a humanitarian aid charity that mobilizes communities and businesses to donate essential items like clothing, footwear, bedding, toiletries, and hygiene products to improve the lives of vulnerable individuals in desperate need. They work with charity and frontline organizations to distribute goods to various groups, including older people, evacuees, refugees, asylum seekers, those affected by modern slavery, people who are homeless or insecurely housed, those in assisted housing, individuals affected by dementia or mental health issues, and families struggling financially.

They invite collaboration with individuals, communities, and businesses to organize collection events for these essential items. For details on current collections, support for promoting events, or to request packaging materials, please contact our Community Relationships Project Coordinator, Naomi Bhundia. They also accept donations of new and unused nappies, baby wipes, personal care items, stationery, and gently used designer and high-street fashion items for fundraising through their eBay and Vinted shops

Charity Partners



Carolyn Klein
carolynek22@gmail.com

Gratitude

Gratitude is a community-focused organization based in Borehamwood that combats hunger, reduces food waste, and supports the community through various charitable activities. They redistribute food that cannot be sold in shops due to packaging errors or overproduction via free meals projects, food distribution, and local charity partnerships. Their Free Groceries Giveaway program operates several times a week, and their Kid's Corner provides baby essentials, clothes, toys, and engaging events for children. To learn more about their activities, visit <https://www.gratitude.charity/>. You can support Gratitude by collecting items for their Upcycle Centre (dinner sets, cooking utensils, etc.), donating old laptops or printers for Project Chromebook, assembling care packages for the homeless, gathering items for disabled individuals to connect with charities in Ukraine, collecting gardening props for environmental events, or providing arts and crafts materials for Kids Corner and Creative Club activities. They also offer donation collection on request.



Eliza Ward
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hiasjcore.org

HIAS + JCORE

HIAS+JCORE provides the leading UK Jewish response to refuge and asylum. Led by Jewish values and historical experience, we exist to enable refugees and asylum seekers to flourish as a part of a society free from xenophobia and racism. We work in three key areas towards this goal. Firstly, we advocate, lobbying politicians and policy makers and sharing our Jewish-values led vision for a fairer, more welcoming asylum system. Secondly, we support, working directly with refugees and asylum seekers to overcome challenges and empowering them to thrive. This is primarily done through JUMP, our transformative befriending programme for unaccompanied asylum seekers and refugees living in London. And thirdly, we mobilise, working across the Jewish community to drive engagement with our core issues, running education sessions, facilitating volunteering opportunities and encouraging activism.



Laura Bahar
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Sophie Chappell
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JAMI

Jami supports hundreds of people each year who are impacted by mental health problems, helping those isolated by mental distress to reconnect with their family, friends, and local community. We provide professional, person-centered treatment and support for young people and adults with mental health needs, as well as for their families and carers. In addition, Jami enhances mental health understanding for thousands more through training, seminars, and educational sessions, equipping people with the skills and knowledge to be resilient, inclusive, and better able to support mental illness and distress, reduce stigma, and build mutually supportive relationships across the community. The need for Jami's life-saving mental health services has never been greater, as we strive to expand and meet the growing demand from both adults and children in the community. To find out more about volunteering, please email sophie.chappell@jamiuk.org.



kate@jamh.org.uk

Jewish Action for Mental Health

JAMH provides quality care for mental health by offering free therapy, signposting, wellbeing events and mental health training for the Greater Manchester Jewish community.

Charity Partners



Lauren Posner
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Jewish Care

Jewish Care provides care that is Jewish at heart for older people and support their family members every step of the way, touching the lives of 12,000 people each week. We rely on the Jewish community to enable us to offer this care, and we are always here to help those in need. If you're interested in assisting with running activities for members and residents or socializing with them, please get in touch to see how you can contribute. Your support is greatly welcomed and appreciated.



Suzi Epstein
info@jwa.org.uk

Jewish Women's Aid

Jewish Women's Aid (JWA) is the only specialist organisation in the UK dedicated to supporting Jewish women and children affected by domestic abuse and sexual violence. As the leading service for abused women in the Jewish community, JWA offers direct support to clients while also engaging in outreach, education, and prevention efforts. Their mission focuses specifically on ending domestic abuse and sexual violence against women and girls within the Jewish community. To support their vital work, you can contribute new and unopened toiletries for women and children in need. Items wanted include shampoo and conditioner, shower gel, soap, deodorant, face wash, cotton pads, body lotion, sanitary products, tissues boxes, toothpaste, and toothbrushes.



Dawn Slagel
dslagel@jliving.org.uk

jLiving

jLiving is one of the largest housing associations in the UK, primarily serving the Jewish community with over 450 properties in various locations. Our portfolio includes 17 blocks of sheltered housing across 15 sites, operating in four London Boroughs, Dacorum in Hertfordshire, East Sussex, and Thanet in Kent. We also manage a Kosher Halls of Residence for up to 27 students in London, along with a few general needs properties. Most of our schemes are for social rent, with one run on a leasehold basis. We are looking for activities to enrich the lives of our residents, such as singing, performing, magic, dancing, storytelling, or games afternoons, to be held Monday to Friday between 10:30 AM and 4:00 PM. If you have any ideas or wish to support us for Mitzvah Day, please get in touch



adam@joelybear.org.uk

The Joely Bear Appeal

The Joely Bear Appeal was originally set up to provide facilities to make stays in hospital more comfortable for young cancer patients and their families. The Appeal now also makes grants for research into the treatment and detection of cancer on children. It also promotes the importance of giving blood and of registering on the Bone Marrow panel. You can support the Joely Bear Appeal by giving blood, fundraising, volunteering at our unique blood donor sessions.

Charity Partners



Naomi Verber
naomi@ecojudaism.org.uk

Jtree (Eco-Judaism)

JTree is the Jewish response to the climate emergency, focusing on tree planting as a collective, international effort to combat the Climate Crisis. JTree, a partnership project of EcoJudaism, emphasizes planting the right trees in the right places and in the right way. Individuals and communities can contribute by having trees planted through our experienced partners, with each tree counted in the total number of trees planted by the Jewish community in the UK. You can give the gift of a tree, make donations for special occasions or life cycle events such as Bar/Bat Mitzvahs, or support carbon storage, all while receiving a donation certificate with your dedication message. Tree planting projects for Mitzvah Day should be registered through JTree.org.uk.



amy@jw3.org.uk

JW3 Foodbank

The JW3 Foodbank serves as the central food hub for North Camden, having distributed over 500,000 meals since the start of Covid. There are several ways to get involved and help tackle local food poverty:

Donate non-perishable food items (e.g., rice, pasta, canned goods) and plastic shopping bags at JW3. Organize neighbourhood food collections to gather donations from your community. Deliver food parcels to those in need within Camden. Volunteer on Wednesdays to pack and deliver parcels. Cook hot meals with Feast! on Tuesdays, Wednesdays, or Thursdays. To volunteer or learn more, sign up for updates or contact the team via email at volunteering@jw3.org.uk.



keatscommunitylibrary@gmail.com

Keats Community Library

Keats Community Library (KCL) is a volunteer-run registered charity located at 10 Keats Grove, London NW3. Since taking over the beautiful Grade II listed building previously known as the Heath Library on April 17, 2012, KCL has relied entirely on community support for volunteers and funding. We invite volunteers to join our dedicated team in maintaining the library, including tasks such as cleaning shelves and tidying up the space. If you are interested in helping, please ask in the library or email us for more information.



Deborah Hopper,
Corporate Partnerships Manager
fundraising@littlevillagehq.org

Little Village

Little Village is a baby bank charity making a significant impact on families with babies and young children living in poverty across London. Through our network of baby banks, we pass on gently used items—such as clothes, toys, and equipment—from one family to another, ensuring that more children have the essentials they need to thrive. Families can either visit a Little Village hub or receive items delivered to their homes. In addition to providing essential goods, we help families connect with a wider support network and advocate for change by highlighting the harsh realities faced by many children in London. We support families with children under 5 by collecting and redistributing pre-loved items. This Mitzvah Day, we invite volunteers to help by collecting Moses baskets and bedding to ensure babies have a safe place to sleep. Please note, for safety reasons, we can only accept brand new mattresses.

Charity Partners



Hannah Tickle
execdirector@ljs.org

LJS Drop-In for Asylum Seeker Families

The LJS Drop-in for Asylum Seeker Families has been operating successfully since June 2014, providing a warm welcome to families who have become destitute while seeking asylum in the UK. Each month, on one Sunday afternoon, we offer a safe and welcoming environment where guests can relax, enjoy a hot and nutritious meal, and access a supervised children's play area. We also provide good-quality second-hand clothing, nappies, a shopping contribution, and a small travel reimbursement. We are currently in urgent need of core toiletry items, including soap, deodorant, shaving cream, and size 5 and size 6 nappies. Additionally, we are in need of brand new underwear to distribute to our guests



Jonathan Stupples
jonathan.stupples@mariecurie.org.uk

Marie Curie

Marie Curie provides expert hospice care and phone support, while also advocating for better end-of-life care through campaigning and research. You can support their mission by volunteering your time, leaving a legacy in your will, or donating clothing to Marie Curie charity shops.



arostant@nightingalehammerson.org

Nightingale Hammerson

Founded in 1840, Nightingale Hammerson is a leading provider of residential, nursing, dementia, respite, and palliative care for the Jewish community. Our two homes; Hammerson House and Nightingale House are vibrant places where Residents enjoy a full range of services, including GP visits, physiotherapy treatments and Clinical Psychology support. Daily activities include bridge, gardening, French conversation, quizzes, exercise classes, art clubs, choir singing, film nights, and much more.

Through our new initiative, Reach by Nightingale Hammerson, we are extending our care beyond our homes. Our goal is to help older people in the wider Jewish community to live better for longer at home and offer support for those who care for them. We are developing a comprehensive catalogue of practical information on healthy aging, dementia care, and more. In addition, we host regular events, including guest speakers and social get togethers, to keep those in the community connected and supported.



Sharon Bradman
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Ruth Korel
ruth.korel@norwood.org.uk

Norwood

Norwood is the oldest Jewish charity in the UK, supporting over 2,500 vulnerable children, families, and individuals with learning disabilities and autism each year. Working with 56 local authorities, Norwood provides a wide range of services, including residential and supported living accommodation, short-break facilities, and family support groups. They offer various volunteer opportunities across their homes—reach out to learn how you can get involved.

Charity Partners



Analise Walls
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Off The Fence Trust

For over 20 years, Off The Fence has worked to end social and spiritual poverty in Brighton and Hove, evolving alongside those we serve to help them achieve fulfilling, independent lives. We focus on homelessness, women at risk, and schools and youth, operating through two day centres, three outreach vans, and six core local schools, supported by over 150 trained volunteers, staff, and interns.

Our mission is to eradicate poverty in the city, bringing hope and transformation. We urgently need donations for our clients experiencing homelessness, including size 9 & 10 trainers, size 30/32 trousers, belts, bottles of water, and ready-made meals. These items are crucial for maintaining dignity and survival while rough sleeping.



Max Elgot
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The Passage

The Passage is a homelessness charity in Westminster with a mission to end street homelessness for good. We provide long-term, sustainable, and personalised support to break the cycle of homelessness. Our Resource Centre offers two nutritious meals daily, medical and GP services, clothing, shower facilities, and employment, immigration, and legal support. We also run four accommodation centers, providing 70 self-contained studio flats where individuals can address the root causes of their homelessness while being housed.

We currently need donations of men's clothing (medium, large, and extra-large), volunteers, assistance with decorating our facilities, and support with a food drive for tinned goods and non-perishable items.



Sara Kibel
skibel@pjlibrary.org.uk

PJ Library

PJ Library sends free high-quality Jewish children's books to families every month. These stories spark conversations that inspire the whole family to explore and celebrate what they love about Jewish life.

The program was created by the nonprofit Harold Grinspoon Foundation (HGF) in keeping with its mission to help people connect to Jewish values, traditions, and culture while building vibrant Jewish communities. The HGF partners with local Jewish organizations to fund PJ Library and make it available in their community. If your community looking for ways to engage young children on Mitzvah Day? Get in touch with PJ Library for your Mitzvah Day programme filled with activities and resources to get little hands busy helping others in a meaningful and appropriate way.



Lisa / Chayli
info@projectimpact.org.uk

Project ImPact - ImPact Youth Kitchen

Support the ImPact Youth Kitchen by volunteering or donating essential items to help food banks and homeless shelters. Sign up on our website to volunteer, or donate items such as disposable gloves, food containers (plastic and foil), banqueting roll, penne pasta, rice, tinned tomatoes and beans, lentils, sunflower oil, flour, kitchen utensils, mixing bowls, a shrink wrap machine, a food donation bin, or a blast chiller. Your contributions will make a significant impact in our community!

Charity Partners



Rachel Vogler
rachel.vogler@renecassin.org

René Cassin

Our mission is to promote and protect universal human rights, inspired by Jewish experiences and values. We advocate for human rights by making a case for human rights as a legacy of the Holocaust, campaign for change in specific areas within the UK, empower future Jewish human rights advocates, and continuously optimize our effectiveness. To see how you can get more involved with head to our website: <https://renecassin.org>



saha
Transforming Lives

Lesley Dobaldson
lesley.donaldson@saha.org.uk

Salvation Army Housing Association

As a housing services provider since 1959, we specialise in supported accommodation and homes across England, offering safe and secure supported homes, general needs homes for individuals and families, and retirement homes, including options for retired Salvation Army officers, ensuring quality of choice and life for all residents. The generous annual donations of store cupboard items from Mitzvah Day collections have been a tremendous help for our young single women, young mothers, and their babies, who are on low incomes and struggle with the cost of living in London. Please be in touch if you wish to run a collection for SAHA.



Diane
diane@saveachildsheart.com

Save A Child's Heart

Save A Child's Heart provides life-saving care to critically ill children with heart disease in countries lacking pediatric heart care. By bringing children to Israel for treatment, conducting missions abroad, and training medical personnel, we bring hope to families and communities worldwide. With over 6,600 children saved from 69 countries, our work relies on support from people like you. Visit our website to learn how you can get involved: <https://saveachildsheart.org/get-involved>



Jocelyn Shein
jocelyn@sebbyscorner.co.uk

Sebby's Corner

Sebby's Corner believes every child deserves the essentials to thrive. We provide families in need with items like clothing, nappies, formula, toiletries, and baby equipment through referrals. Our Birthday Club ensures no child goes without a birthday gift. Based in Barnet EN5, we support families across Barnet, Hertfordshire, and London, including those living in poverty, temporary accommodation, fleeing domestic abuse, or affected by modern slavery. Families are referred to us by professionals such as midwives, health visitors, and teachers. To find out what the ongoing needs of Sebby's Corner are or to sign up to volunteer, please head to our website: <https://www.sebbyscorner.co.uk/donate-stuff>

Charity Partners



Hannah Williams

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Benedetta Mocci

benedetta.mocci@separatedchild.org

Seperated Child Foundation

The Separated Child Foundation offers practical, emotional and social support to separated children and young people who have arrived in the UK alone because their parents have been killed or are unable to come with them. The Foundation also engages in educational activities that raise awareness of separated children's needs and encourages positive responses to them. We would love to welcome more volunteers to join our sessions in Staples Corner, making welcome and sleep packs for separated children. To register as a volunteer please visit our website - <https://separatedchild.org/get-involved/volunteering/> We are also looking for donations of the following items.

Warm gloves (new or pristine), Warm hats (new or pristine), Warm scarves (new or pristine), Adult toothpaste (new only), Adult toothbrush (new only), Bottles of shampoo (new only), Roll-on deodorant (new only), Bars of soap. The majority of the children who receive our packs are boys aged 14-18 and it is worth bearing this in mind for donations.



Natasha Copus

natasha@southend.foodbank.org.uk

South End Food Bank

Southend Foodbank, which opened on November 1, 2013, is now in its tenth year and has fulfilled over 22,000 vouchers, providing 3-day food parcels to more than 57,000 people, including both adults and children. Each voucher represents not just food, but a chance for conversation, support, and community. As of 2023, we distribute 3.3 tonnes of food weekly to meet the growing needs of our guests. Southend Foodbank is part of the Trussell Trust network of foodbanks and provides three days of food to people living in Southend and Rochford who are experiencing crisis. We are working towards a hunger-free future. The items that we need donated are: Rice, UHT milk, pasta sauce, pasta, tinned meat meals, tinned fish and cereal. Any toiletries would also be appreciated!



Sophie Gray

sophie.gray@hje.org.uk

St John's Hospice

We provide quality, holistic care to individuals with life-limiting illnesses and their families, focusing on celebrating and amplifying life to help people live well for as long as possible. Through our hospice and community outreach, we create moments of joy and compassion, ensuring our patients and their families receive comprehensive support throughout their journey. With our Inpatient Unit and Wellbeing Centre in St John's Wood and our work in the community, we care for over 4,000 people across North London each year. Support St John's Hospice by volunteering, making cards to give to nurses and patients, give in memory or fundraise.



Nina Parmar

nina@sufra-nwlondon.org.uk

Sufra Food Bank & Kitchen

Sufra is a charity in North West London that prevents hunger, fights poverty and builds community. With the help of our volunteers and partners, we coordinate a network of food banks, kitchens, a community shop and café. These act as a gateway for guests to access more holistic support – including welfare advice, asylum support and our award-winning community garden. We aim to work with our guests to find solutions to their challenges together, whilst campaigning against the causes of hunger and poverty. Please head to our website to sign up to volunteer or to donate to our foodbank: <https://www.sufra-nwlondon.org.uk/get-involved/volunteer/>

Charity Partners



US Chesed

Sharon Daniels
sdaniels@theus.org.uk

US Chesed

US Chesed supports both our members and the wider community through a variety of impactful projects. We offer numerous volunteering opportunities at our local US synagogue, the new Chesed Hub in Bushey, and our Central Office in North Finchley. Volunteers can engage in activities such as calling or visiting elderly individuals, assisting with transportation to services, hospital visits, shopping help, bereavement support, aiding new mothers, cooking meals, packing food parcels, driving, sorting donations, and supporting asylum seekers and refugees. Additionally, we have initiatives focused on environmental sustainability through our Dorot programme. Whether you're interested in regular or occasional volunteering, we welcome your involvement. For more information or to discuss getting involved, please contact us at chesed@theus.org.uk.



WOODLAND
TRUST

Lauren Hall
laurenhall@woodlandtrust.org.uk

Woodland Trust

Anyone can sign up to our Ancient Tree Inventory (ATI) and record an ancient tree on their own. However, we also know that many people would like the opportunity to record trees as a group, perhaps just for one day. Organising a Tree Recording Group Volunteering Day is a great way for your group to get involved in a flexible, short-term volunteering role at the Woodland Trust, helping make a huge difference for woods and trees. You may be running your day as a faith group, a community group, or as a volunteering day through your work. But whoever and wherever you are, you're helping us to protect trees!

By signing up you will receive a pack of resources to help you plan your group volunteering day, which you can carry out at a time and location of your choice.

If you're looking to support any of our charity partners this Mitzvah Day or would like some assistance or guidance with planning your project, please feel free to reach out to Laurie and she will gladly assist you.

Laurie Shone
Project & Partnerships Manager
laurie@mitzvahday.org.uk

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