

A group of young women, likely students, are gathered around a large cardboard box, packing items. They are wearing bright green t-shirts. One shirt has the text "THIS YEAR GOING GREENER" and a leaf graphic. Another shirt has "vahs, the". The woman in the foreground is wearing a green shirt with a yellow collar and a small green tag that says "45th Year". The background shows a modern interior with glass walls and circular lights.

**Mitzvah
Day**

CHARITY PARTNERS 2026/27

Welcome

Mitzvah Day puts the focus on proud and positive Jewish-led social action, bringing people together to make a meaningful difference in the communities in which we live.

At the heart of Mitzvah Day is the belief that small acts of kindness can have a big impact. By working alongside our charity partners, faith communities, schools, synagogues, organisations, families and individuals, we can support those who need it most while building stronger connections with one another.

This Charity Partners booklet is designed to help you find meaningful ways to get involved. Our charity partners support people and communities facing a wide range of challenges, and there are opportunities for everyone to take part – from collecting essential items and preparing food, to volunteering your time, supporting older people, helping families and caring for our environment.

We encourage everyone taking part in Mitzvah Day to reach out, make new connections and choose a project that responds to a genuine need. By working side by side, we can turn our shared values into action and create relationships that continue long after Mitzvah Day itself.

Through *tikkun olam* (repairing the world), *gemilut chasadim* (acts of kindness) and *tzedek* (justice), we can each play a part in creating a kinder, more connected society.

Thank you to all our charity partners, volunteers and communities for helping make Mitzvah Day possible.

Laura Marks CBE
Founder



Charity Partners



Lucy Godfrey, Operations Executive (Tues, Wed & Thurs)
Shield House, Harmony Way,
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AJEX

The AJEX Annual Parade & Ceremony at The Cenotaph, established as an annual event from the 1930s, continues to be a major cross-communal highlight in the Jewish calendar. While AJEX members join UK veterans at the National Remembrance Parade on Whitehall's Remembrance Sunday, a separate Jewish ceremony of Remembrance takes place the following Sunday in November. With the rise in antisemitism, this Parade is more important than ever as the community proudly comes together to remember the 120,000 Jewish men and women who served in HM Armed Forces during the two World Wars, and the many more who served before and since. Remembrance is a Mitzvah. Take part in the AJEX Parade on Sunday 15th November 2026.



Evelyn Andresier
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All Aboard Charities

Through the sale of donated goods in their shops, or their grants, All Aboard have supported a wide range of causes from research projects, learning programmes, hospital equipment, to outings and respite for terminally ill children and residential care for the elderly. By running a Charity Collection Drive for preloved items of clothing & bric-a-brac to sell in our 21 shops and eBay site to help raise funds for over 70 charities in the UK. Please do head to their website to find the list of items they are looking for.



Nikki Barnett
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C4WS Homeless Project

C4WS Homeless Project exists to support those without a home rebuild their lives. Our main project is a winter night shelter which is open for the 5 coldest months of the year. This operates in venues across Camden every night, and relies on a network of volunteers to function. We have 16 bed spaces available every night for single adults over the age of 18 with low support needs. We also run a hosting scheme, where we place guests with volunteer hosts who act as bridging accommodation between the shelter and more stable, long-term solutions. In addition, we run a year round drop in service from a location in Chalk Farm, catering to the local homeless population, providing a hot meal, showers and donations every Friday morning. Those who would like to support C4WS via Mitzvah Day, are welcome to get in touch regarding volunteering opportunities across their various projects. They also ask for practical items to be donated, primarily men's clothing in good condition, new men's underwear in a variety of sizes, sleeping bags and toiletries.



Lois Goodman
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www.campsimcha.org.uk

Camp Simcha

This Mitzvah Day, why not help Camp Simcha by hosting a collection for the charity's annual Toy Drive, which brings gifts and smiles for children spending the festive season in the hospital. Every year, Camp Simcha turns to the community to help collect over 10,000 NEW toys, which are then distributed to children of all denominations and none, in more than 120 hospital wards and hospices in London, Hertfordshire, Essex and Manchester. If you would like to organise a Mitzvah Day Toy Drive collection for your organisation, school, shul, cheder, community group, sports club or even your street, then please contact Lois to find out more.

Charity Partners



Richard Harries
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Caritas Westminster

Caritas Westminster: A Heart for Service. As Pope Benedict XVI affirmed, charity is an intrinsic part of the Church's identity, not an optional extra. Caritas Westminster embodies this spirit, serving as the social action arm of the Roman Catholic Diocese of Westminster. Covering London's northern boroughs and parts of Hertfordshire and Surrey, the diocese is home to the largest Catholic population in England and Wales. Established in 2012, Caritas Westminster builds on a rich history of supporting those in need, with roots tracing back to the 1920s. Our mission is clear: to love and serve our neighbours.

Through coordinated social action, we uphold dignity, engage communities, and provide practical support. We are committed to improving the wellbeing of all, inspired by the belief that every individual deserves compassion and care. This Mitzvah Day you can help Caritas by volunteering at a local based project. For more information on volunteering opportunities please visit <https://caritaswestminster.org.uk/volunteer/>



Robin Sims Williams
childshillfoodbank@gmail.com

Child's Hill Foodbank

Child's Hill Food Bank has been set up by a group of local people in partnership with All Saints' Church and others to address the growing need for support in helping families feed themselves. Our objective is to provide food to those struggling in the NW2 and NW11 postcodes. Donations can be dropped off at All Saints Church on Mondays from 10 am to 12 noon, Wednesdays from 3 pm to 5 pm and 7:30 pm to 8:30 pm, and Sundays from 8 am to 12 noon. To arrange donations at other times, please call 0207 435 3182. If you would like to organize a regular collection at a street, place of worship, business, or community building, we can coordinate pick-up or delivery times. We are currently in need of toiletries, rice, pasta, dried lentils, tinned meats, tinned tuna, cereal and breakfast food, and UHT milk.



Kirstin Knell
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Children's Book Project

The Children's Book Project takes donations of preloved books and gifts them to children who have few, if any of their own. There are over a million children in the UK who don't own a book of their own. We believe in the empowering impact of book ownership and gift through primary schools in the most deprived areas, food banks, women's refuges and to children with a parent in prison. We will give 1.3 million books away this year and would appreciate donations of gently used children's books.

We are asking groups to run book drives for us this Mitzvah Day. Registering to run a book drive is simple. All of the information, posters and resources you'll need are available on our website and it is a great way for children to get involved personally in social action, asking friends, neighbours and classmates for their donated books. If you want to do more, you could sort the books before sending them onto us. Again all of the information is on the website. Unfortunately we cannot accept any religious texts, academic textbooks, ex-library books or foreign languages.

Charity Partners



Lorna Beaumont
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Clock Tower Sanctuary

The Clock Tower Sanctuary is a day centre for 16-25-year-olds experiencing homelessness. They provide both emotional and practical support to young people without a permanent roof over their heads, offering everything from hot meals, showers, and laundry facilities to signposting for mental health, housing, training, and employment. Every donation helps young people stay safe, warm, and supported as they navigate a challenging time in their lives.

"The Clock Tower Sanctuary meets your basic needs and that allows you to get organised and to try and get a job. Otherwise, you are in a fight or flight survival mode and you can very easily spiral down, becoming depressed and lonely. It's exhausting." – Ivan, aged 23.

Items Needed:

Washing capsules/tablets, Hats – baseball caps/bucket hats, Men's and women's socks, Men's and women's t-shirts – plain, Men's and women's underwear – boxer briefs for men (all sizes), Aerosol deodorant – men's and women's, Hoodies, Sleeping bags, Tinned fruit and/or vegetables (tomatoes), Long life milk, Chickpeas, Pasta, Tinned lentils, Instant coffee (small jars), Loo roll, Shampoo/Conditioner, Shower gel, Orange and/or apple juice – large cartons, Biscuits/cereal bars, Waterproof jackets, Nail clippers, Brushes and combs, Men's and women's shorts



Dr Sharon Raymond
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Crisis Rescue Foundation

Since 2021, Crisis Rescue Foundation has been running Vaxi Taxi Health and Wellbeing Pop Ups across London, targeting diverse communities facing barriers to NHS and allied healthcare. This Mitzvah Day, we aim to deliver a special pop up event. Our team, composed of healthcare professionals and volunteers, provides health checks, personalized wellbeing information, and support, while connecting individuals with local and national services. We invite all volunteers to join us, including healthcare professionals and those interested in logistics or supporting various activities. For more information or to get involved, please contact me via WhatsApp at 07780813409 to join our planning and delivery group.



Naomi Joffe
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<https://ecojudaism.org.uk/>

EcoJudaism

EcoJudaism is a unique Jewish charity, leading the UK Jewish Community's response to the climate and nature crisis. We are the only truly cross-denominational Jewish movement, bringing together all parts of the religious spectrum, from Orthodox to Liberal to unaffiliated Jews. We also connect all regional Jewish communities, from Edinburgh to Exeter and from the largest to the tiniest communities. EcoJudaism unites them all with the same purpose; to understand and embrace Jewish environmental responsibility.

Charity Partners



info@euston.foodbank.org.uk

Euston Food Bank

The Euston Food Bank aim to redistribute food to those without or with insufficient food so they can cope with immediate crises. Located next to a mainline station in central London with excellent transport connections, we serve a diverse range of people, including those on low incomes, families, the young and elderly, individuals facing benefit delays, and others experiencing emergencies.

Our volunteers greet everyone cheerfully, making sure that help is available to all in need. We always welcome donations and promise to use them to support people in crisis. Occasionally, we send food to other nearby food banks, particularly if they experience shortages, ensuring that your donations help people across the UK.

This support means that children need not go hungry while their households resolve their issues, the elderly don't have to choose between eating and heating, and mothers don't have to sacrifice essential personal items to buy food for their children. Currently, we are in particular need of UHT milk of all types, long-life juice, tins of fish and meat, dried fruit and nuts, pasta sauces, and custard. For up-to-date information on our current needs, please have a look at the Euston Foodbank website (<https://euston.foodbank.org.uk/give-help/donate-food/>)



Elanor Butterworth
volunteer@feastwithus.org.uk

Feast with us

FEAST - Feeding and Empowering All Sustainably Together - is dedicated to improving the nutrition, wellbeing, and health of individuals at risk of food insecurity. Our mission extends beyond providing just meals; we nourish those in need with nutritious cooked food, support wellbeing and reduce loneliness through community dining and volunteering, and empower people with skills and knowledge to help them climb the food ladder. We also promote sustainability by utilizing surplus food whenever possible and drive change through research and sharing our insights.

Collaborating with community partners, we deliver our services in homeless hostels, mental health centers, community centers, and faith centers throughout North London. We are currently seeking volunteers to support us in the FEAST kitchens, both for cooking and serving meals, as well as for befriending our service users. Additionally, we need help with meal delivery for those who cannot attend our community meals; drivers and cyclists are needed to transport meals to local community spaces and homeless hostels. If you don't have a car, drivers can use the FEAST van. Food donations are always welcome, and we would be grateful for any long-life produce you can spare, such as canned goods, herbs and spices, oils, and dried produce like rice and pasta.



Zoe Kessler
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Foodbank Aid

Foodbank Aid distributes food, toiletries, and household goods to 32 food banks across North London and Hertfordshire, from Watford to Tottenham and everywhere in between. They support food banks in Barnet, Brent, Camden, Enfield, Haringey, Harrow, Hertfordshire, and Islington, which together assist approximately 20,000 people, including 5,000 children, every week. As a community-led charity that supports all denominations and demographics, Foodbank Aid relies on various forms of support. To help on Mitzvah Day, you can shop from our shopping list and drop the items off at our Hub, send an online delivery directly to our Hub at any time, organize a street or community collection and drop the items at our Hub, or shop from our virtual shopping list available at <https://foodbankaid.org.uk/virtual-shop/>.

Charity Partners



Roxanne Stross
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GIFT

GIFTs mission is to inspire and enable lifelong giving. We transform lives by engaging the community in acts of giving. Through impactful education and hands-on volunteering, we harness the power of philanthropy to create meaningful change for both giver and recipient. Operating across London, Manchester, and Israel, GIFT works predominantly with young people (12-25), instilling in them the values of kindness, responsibility, and social action. Together, we are building a present and future community where doing good is instinctive, and no one is left unsupported. GIFT delivers its objectives through education and volunteering. Education is delivered through courses and once-off sessions in Primary and Secondary schools, universities, learning programmes in communities, and the use of media. GIFT has many programmes designed to engage volunteers in meaningful giving experiences, working with some of the most vulnerable in the community.



Jacqueline Harris
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Give. Help. Share.

Give. Help. Share. is a registered charity dedicated to addressing food insecurity and promoting healthy lifestyles among disadvantaged communities in Herts and North London. For over three years, we have provided nutritious food parcels and delivered engaging food education workshops to empower children and families. Our programmes focus on nutrition, cooking skills, and healthy eating habits, aiming to create lasting positive changes. By partnering with primary schools and local communities, we maximize our reach and impact, ensuring that those in need receive the support and education necessary for healthier, more fulfilling lives.

On Mitzvah Day you can support Give. Help. Share. by going to any supermarket and spending £5 to fill a bag with a range of the following: tins (vegetables or tuna/salmon); low sugar cereal/oats; bread/crackers; pasta/rice; non-refrigerated fruit/veg e.g. apples, onions; healthy child-friendly snacks; milk/plant-based alternatives. All items should be suitable for vegetarians. Please email us on the day (info@givehelpshare.org.uk) for a North London drop-off address.

Goods For Good

Judy Caiden, Operations Manager
judy@goodsforgood.org.uk
www.goodsforgood.org.uk

Office: 01923 918880
Mobile: 07510 050233

Goods For Good

Goods For Good is a Hertfordshire-based charity transforming lives by redistributing surplus goods to vulnerable communities in the UK and overseas. We support people experiencing homelessness, those rescued from slavery, suffering from mental health issues, refugees and families facing poverty by providing essentials such as clothing, bedding, footwear, hygiene products and toiletries—helping to restore hope and dignity while preventing valuable items from going to waste.

We welcome individuals, community groups and businesses wishing to organise collections. Please note that we can only accept NEW clothing, bedding and other essential items, with the exception of clean, good-quality pre-loved coats. To learn about our current needs, request help promoting a collection or obtain packaging materials, please contact Judy.

Charity Partners



Yael Peleg
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hiasjcore.org

HIAS + JCORE

HIAS+JCORE provides the leading UK Jewish response to refuge and asylum. Led by Jewish values and historical experience, we exist to enable refugees and asylum seekers to flourish as a part of a society free from xenophobia and racism. We work in three key areas towards this goal. Firstly, we advocate, lobbying politicians and policy makers and sharing our Jewish-values led vision for a fairer, more welcoming asylum system. Secondly, we support, working directly with refugees and asylum seekers to overcome challenges and empowering them to thrive. This is primarily done through JUMP, our transformative befriending programme for unaccompanied asylum seekers and refugees living in London. And thirdly, we mobilise, working across the Jewish community to drive engagement with our core issues, running education sessions, facilitating volunteering opportunities and encouraging activism.



volunteering@jcare.org

JAMI

Jami supports hundreds of people each year who are impacted by mental health problems, helping those isolated by mental distress to reconnect with their family, friends, and local community. We provide professional, person-centered treatment and support for young people and adults with mental health needs, as well as for their families and carers. In addition, Jami enhances mental health understanding for thousands more through training, seminars, and educational sessions, equipping people with the skills and knowledge to be resilient, inclusive, and better able to support mental illness and distress, reduce stigma, and build mutually supportive relationships across the community. The need for Jami's life-saving mental health services has never been greater, as we strive to expand and meet the growing demand from both adults and children in the community. To find out more about volunteering, please email sophie.chappell@jamiuk.org.



kate@jamh.org.uk

Jewish Action for Mental Health

JAMH provides quality care for mental health by offering free therapy, signposting, wellbeing events and mental health training for the Greater Manchester Jewish community.



volunteering@jcare.org

Jewish Care

Jewish Care provides care that is Jewish at heart for older people and support their family members every step of the way, touching the lives of 12,000 people each week. We rely on the Jewish community to enable us to offer this care, and we are always here to help those in need. If you're interested in assisting with running activities for members and residents or socializing with them, please get in touch to see how you can contribute. Your support is greatly welcomed and appreciated.

Charity Partners



Suzi Epstein
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Jewish Women's Aid

Jewish Women's Aid (JWA) is the only specialist organisation in the UK dedicated to supporting Jewish women and children affected by domestic abuse and sexual violence. As the leading service for abused women in the Jewish community, JWA offers direct support to clients while also engaging in outreach, education, and prevention efforts. Their mission focuses specifically on ending domestic abuse and sexual violence against women and girls within the Jewish community. To support their vital work, you can contribute new and unopened toiletries for women and children in need. Items wanted include shampoo and conditioner, shower gel, soap, deodorant, face wash, cotton pads, body lotion, sanitary products, tissues boxes, toothpaste, and toothbrushes.



Dawn Slagel
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jLiving

jLiving is one of the largest housing associations in the UK primarily serving the Jewish community, with over 500 flats in various locations. Our portfolio includes 15 purpose-built blocks of sheltered housing across 13 sites, operating in four London Boroughs, Hertfordshire, and Kent. jLiving also rents out affordable flats in East Sussex, some we own and others we manage on behalf of partner organisations. We manage Kosher student accommodation for up to 25 students in London, along with a few general needs properties. Most of our Schemes (blocks of flats) are for social rent, with one run on a leasehold basis.

For Mitzvah Day, we are looking for activities to enrich the lives of our tenants and leaseholders. Entertainment such as singing, performing magic, dancing, storytelling, talks, choir, musical performances, or games afternoons, to be held Monday to Thursday between 10:30 AM and 4:00 PM. We are happy to supply kosher refreshments. If you have any ideas or wish to support us for Mitzvah Day, please get in touch.



adam@joelybear.org.uk

The Joely Bear Appeal

The Joely Bear Appeal was originally set up to provide facilities to make stays in hospital more comfortable for young cancer patients and their families. The Appeal now also makes grants for research into the treatment and detection of cancer on children. It also promotes the importance of giving blood and of registering on the Bone Marrow panel. You can support the Joely Bear Appeal by giving blood, fundraising, volunteering at our unique blood donor sessions.



amy@jw3.org.uk

JW3 Foodbank

the JW3 Foodbank serves as the central food hub for North Camden, having distributed over 500,000 meals since the start of Covid. There are several ways to get involved and help tackle local food poverty: Donate non-perishable food items (e.g., rice, pasta, canned goods) and plastic shopping bags at JW3. Organise neighbourhood food collections to gather donations from your community. Deliver food parcels to those in need within Camden. Volunteer on Wednesdays to pack and deliver parcels. Cook hot meals with FEAST with Us on Tuesdays (5.30-8pm), Wednesdays (9.30 am-12pm), or Thursdays (9.30am-12pm). To volunteer or learn more, sign up for updates or contact the team via email at volunteering@jw3.org.uk.

Charity Partners



Deborah Hopper
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Little Village

Little Village is a baby bank charity making a significant impact on families with babies and young children living in poverty across London. Through our network of baby banks, we pass on gently used items—such as clothes, toys, and equipment—from one family to another, ensuring that more children have the essentials they need to thrive. Families can either visit a Little Village hub or receive items delivered to their homes. In addition to providing essential goods, we help families connect with a wider support network and advocate for change by highlighting the harsh realities faced by many children in London. We support families with children under 5 by collecting and redistributing pre-loved items. This Mitzvah Day, we invite volunteers to help by collecting Moses baskets and bedding to ensure babies have a safe place to sleep. Please note, for safety reasons, we can only accept brand new mattresses.



Elana Dellal
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LJS Drop-In for Asylum Seeker Families

The LJS Drop-in for Asylum Seeker Families has been operating successfully since June 2014, providing a warm welcome to families who have become destitute while seeking asylum in the UK. Each month, on one Sunday afternoon, we offer a safe and welcoming environment where guests can relax, enjoy a hot and nutritious meal, and access a supervised children's play area. We also provide good-quality second-hand clothing, nappies, a shopping contribution, and a small travel reimbursement. We are currently in urgent need of core toiletry items, including soap, deodorant, shaving cream, and size 5 and size 6 nappies. Additionally, we are in need of brand new underwear to distribute to our guests.



Sharon Bradman
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Ruth Korel
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Norwood

Founded in 1795, Norwood is the oldest Jewish charity in the UK, and has been privileged to receive Royal Patronage since 1815. We support and empower neurodiverse children and their families and people with neurodevelopmental disabilities to live their best lives.

Norwood works with local authorities, to deliver wide-ranging services including residential and supported living accommodation and short-breaks facilities, as well as a range of support groups aimed at the whole family, not just the individual.



Analise Walls
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Off The Fence Trust

For over 25 years, Off The Fence has been a lifeline for those facing poverty in Brighton & Hove. We support individuals experiencing homelessness, women at risk, and vulnerable young people, helping them move toward stable and fulfilling lives. Our work is delivered through two day centres and partnerships with six local schools, and powered by over 50 dedicated staff and trained volunteers. Our mission is simple but urgent: to resist poverty, empower people, and restore hope. As winter approaches, we are in need of donations to support our clients experiencing homelessness. Items such as jumpers, tracksuit bottoms, coats, men's gloves, and jeans (smaller sizes) are essential for preserving dignity and ensuring survival during the coldest months.

Charity Partners



Everyone deserves a place to call home

Anna Church
Community Fundraising Manager

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The Passage

"The Passage is a homelessness charity in Westminster with a mission to end homelessness for good. We provide long-term, sustainable, and personalised support to break the cycle of homelessness. Our Resource Centre offers two nutritious meals daily, medical and GP services, clothing, shower facilities, and employment, immigration, and legal support. We also run five holistic and trauma-informed accommodation projects across the Westminster Borough. Our clothing store is currently in need of donations, particularly shoes, socks, trousers, and coats. We are also seeking volunteers to support in our kitchen, clothing store and at our station collections.



Sara Kibel
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PJ Library

PJ Library sends free high-quality Jewish children's books to families every month. These stories spark conversations about Jewish life. PJ Library offers synagogues, community groups and Jewish organisations of all sizes across the UK free books, ready-to-use resources and expert guidance to support engaging, family-friendly programming – not just for Mitzvah Day, but all year round. From Jewish festival celebrations and family events to regular Shabbat story times, partners can access the tools they need to reach and inspire local families raising Jewish children aged 0–8.

All resources and support are provided free of charge. PJ Library can help partners connect local subscriber families to your events, boosting attendance at your community events. Organisations are invited to book a 1:1 consultation with the PJ Library team to explore partnership opportunities and discover how PJ Library can help grow engagement and create joyful, meaningful Jewish experiences for young families in your community. Get in touch to find out how PJ Library can support your community.



Lisa / Chayli
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Project ImPact - ImPact Youth Kitchen

Support the ImPact Youth Kitchen by volunteering or donating essential items to help food banks and homeless shelters. Sign up on our website to volunteer, or donate items such as disposable gloves, food containers (plastic and foil), banqueting roll, penne pasta, rice, tinned tomatoes and beans, lentils, sunflower oil, flour, kitchen utensils, mixing bowls, a shrink wrap machine, a food donation bin, or a blast chiller. Your contributions will make a significant impact in our community!



Rachel Vogler
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René Cassin

Our mission is to promote and protect universal human rights, inspired by Jewish experiences and values. We advocate for human rights by making a case for human rights as a legacy of the Holocaust, campaign for change in specific areas within the UK, empower future Jewish human rights advocates, and continuously optimize our effectiveness. To see how you can get more involved with head to our website.

Charity Partners



Diane Cohen
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saveachildsheart.org/get-involved

Save A Child's Heart (SACH)

Save A Child's Heart (SACH) is a humanitarian, non-governmental organization based in Israel. For 30 years, a global network of doctors, volunteers and supporters of Save A Child's Heart have helped us bring lifesaving cardiac care to children in need around the world. Through every challenge, whether war, a global pandemic or the countless obstacles in between, SACH has remained unwavering in its mission, continuing to build hope for the next generation. To date, SACH has saved the lives of nearly 9000 children in 75 countries and trained 180 medical professionals. Each child is treated regardless of race, religion or nationality and irrespective of financial status. We believe SACH is the true essence of Tikkun Olam (Repairing the World).



Maja Fitzpatrick
maja@sebbyscorner.co.uk
sebbyscorner.co.uk/donate-stuff

Sebby's Corner

Sebby's Corner believes every child deserves the essentials to thrive. We provide families in need with items like clothing, nappies, formula, toiletries, and baby equipment. Our Birthday Club ensures no child goes without a birthday gift. Based in Barnet EN5, we support families across Barnet, Hertfordshire, and London, including those living in poverty, temporary accommodation, fleeing domestic abuse, or affected by modern slavery. Families are referred to us by professionals such as midwives, health visitors, and teachers. To find out what the ongoing needs of Sebby's Corner are or to sign up to volunteer, please head to our website.



84 Cromwell Road, London SW19 8NA
contact@separatedchild.org
 07376 721325
www.separatedchild.org

The Separated Child Foundation

The Separated Child Foundation offers practical, emotional and social support to separated children and young people who have arrived in the UK alone because their parents have been killed or are unable to come with them. The Foundation also engages in educational activities that raise awareness of separated children's needs and encourages positive responses to them. We would love to welcome more volunteers to join our sessions in Staples Corner, making welcome and sleep packs for separated children. To register as a volunteer please visit our website - <https://separatedchild.org/get-involved/volunteering/> We are also looking for donations of the following items.

Warm gloves (new or pristine), Warm hats (new or pristine), Warm scarves (new or pristine), Adult toothpaste (new only), Adult toothbrush (new only), Bottles of shampoo (new only), Roll-on deodorant (new only), Bars of soap. The majority of the children who receive our packs are boys aged 14-18 and it is worth bearing this in mind for donations.

Charity Partners



Natasha Copus

natasha@southend.foodbank.org.uk

Samantha Dunkling

samantha@southend.foodbank.org.uk

Southend Food Bank

Proudly serving the community since November 1, 2013, Southend Foodbank has spent the past decade supporting local people in crisis. To date, we've fulfilled over 27,000 vouchers, providing emergency 3-day food parcels enough to feed more than 70,000 individuals—including both adults and children. But our work goes beyond food; each parcel represents a moment of care, connection, and community.

Now distributing an average of 3.5 tonnes of food every week, we continue to respond to the rising demand across Southend and Rochford. As part of the Trussell Trust network, we remain committed to a future without hunger. We welcome donations of: rice, UHT milk, pasta sauce, pasta, tinned meat meals, tinned fish, cereal, and toiletries. Every item helps make a difference.



Lucy Cornwell,

Senior Fundraising & Events Executive

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stjohnshospice.org.uk

St John's Hospice

We provide quality, holistic care to individuals with life-limiting illnesses and their families, focusing on celebrating and amplifying life to help people live well for as long as possible. Through our hospice and community outreach, we create moments of joy and compassion, ensuring our patients and their families receive comprehensive support throughout their journey. With our Inpatient Unit and Wellbeing Centre in St John's Wood and our work in the community, we support around 5,000 people across parts of North, West and Central London. Support St John's Hospice by volunteering, making cards to give to nurses and patients, pay a donation to the hospice or donate items of clothing at our charity shop.



Sharon Daniels

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US Chessed

US Chessed supports both our members and the wider community through a variety of impactful projects, with opportunities in US synagogues, our Chessed Hub in Bushey, our Central Office in North Finchley and at our cemeteries. Volunteers engage in activities such as calling or visiting elderly people, assisting with transport, hospital visits, shopping, bereavement support, aiding new mothers, cooking meals, packing food parcels, driving, sorting donations, and supporting asylum seekers and refugees. Additionally, we have initiatives focused on environmental sustainability through our Dorot programme. Whether you're interested in regular or occasional volunteering, we welcome your involvement. For more information or to discuss getting involved, please contact us at chesed@theus.org.uk



Lauren Hall

laurenhall@woodlandtrust.org.uk

Woodland Trust

Anyone can sign up to our Ancient Tree Inventory (ATI) and record an ancient tree on their own. However, we also know that many people would like the opportunity to record trees as a group, perhaps just for one day. Organising a Tree Recording Group Volunteering Day is a great way for your group to get involved in a flexible, short-term volunteering role at the Woodland Trust, helping make a huge difference for woods and trees. You may be running your day as a faith group, a community group, or as a volunteering day through your work. But whoever and wherever you are, you're helping us to protect trees!

By signing up you will receive a pack of resources to help you plan your group volunteering day, which you can carry out at a time and location of your choice.

Get in touch

If you're looking to support any of our charity partners this Mitzvah Day or would like some assistance or guidance with planning your project, please feel free to reach out to Soraya and she will gladly assist you.

Soraya Akrouche

Mitzvah Day Project Manager
& Head of Delivery

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